

Runner' s INFORMATION



Competition Office: from 24.06 - 27. 06. at the finish area of each stage.

Check in: Please show your certificate at the CC before you go to the start. It is not possible to make any changes or payments at the competition on site.

Bank account: HSV OL VILLACH

IBAN: AT46 4213 0901 0019 0777 SWIFT: VBOEATWWKLA

Please transfer your entry fee until 17.06.2021.

Free Start: Beginners and runners in Open class will have a free start.

Maps: all maps in pretex quality waterproof, not tear proof.
Please bring your own plastic cover.

Refreshments: no water supply stations in the forest. Please bring your own water bottle.

Control Description: available at the start in box 1 and also be printed on the map.

Number bibs: All runners have to wear the number bibs.

Insurance and medical assistance: Competitors are not insured by the organizer. Each competitor takes part on his/her own responsibility. Medical assistance will however be provided. An emergency medical car will be present at each stage at the Finish arena.

Prize Giving: no common prizегiving. Each winner have to take the „Lake Cup Trophy“ himself at the Finish area after the last race.

Terrain and Race Information

1. Stage Training-Ledenitzen / Lake Cup 24. 06. 2021

CC: Forellenhof, St. Martiners Straße 16, A-9581 Ledенitzen

Coordinates: N 46.56747, E 13.97212 Start: 10.00 End: 16.00

Map „Petelin“ in scale: 1:10.000 for all classes

Terrain: typical continental European contours, some overgrown parts

2. Stage Individual-Schiefling / Lake Cup 25. 06. 2021

CC: Radweg 59, 9535 Schiefling, Sportcenter

Coordinates: N 46.594567, E 14.092753

First Start: 13.00 Way to start: 450 m / 15Hm / 20min

Map „Schiefling“ in scale: 1:10.000 for all classes

Terrain: continental European contours, many details, slopes

3. Stage FRATRES Individual Lake Cup 26. 06. 2021

CC: Rojach 22, 9811 Lendorf, Sportcenter

Coordinates: N 46.826190, E 13.461094

First Start: 13.00 Way to start: 1. 200 m / 50Hm / 30min

Map „Fratres“ in scale: 1:10.000 for all classes

Terrain: typical continental European contours, some details, slopes and valleys

4. Stage Stadelbach Individual Lake Cup 27. 06. 2021

CC: Sportcenter Saagtrattenweg 2 216, A-9722 Stadelbach

Coordinates: N 46.665121, E 13.728054

First Start: 10.00 Way to start: 500 m / 10 Hm / 10min

Map „Töplitsch“ in scale: 1:10.000 for all classes

Terrain: typical continental European contours, many details, hills, slopes and valleys

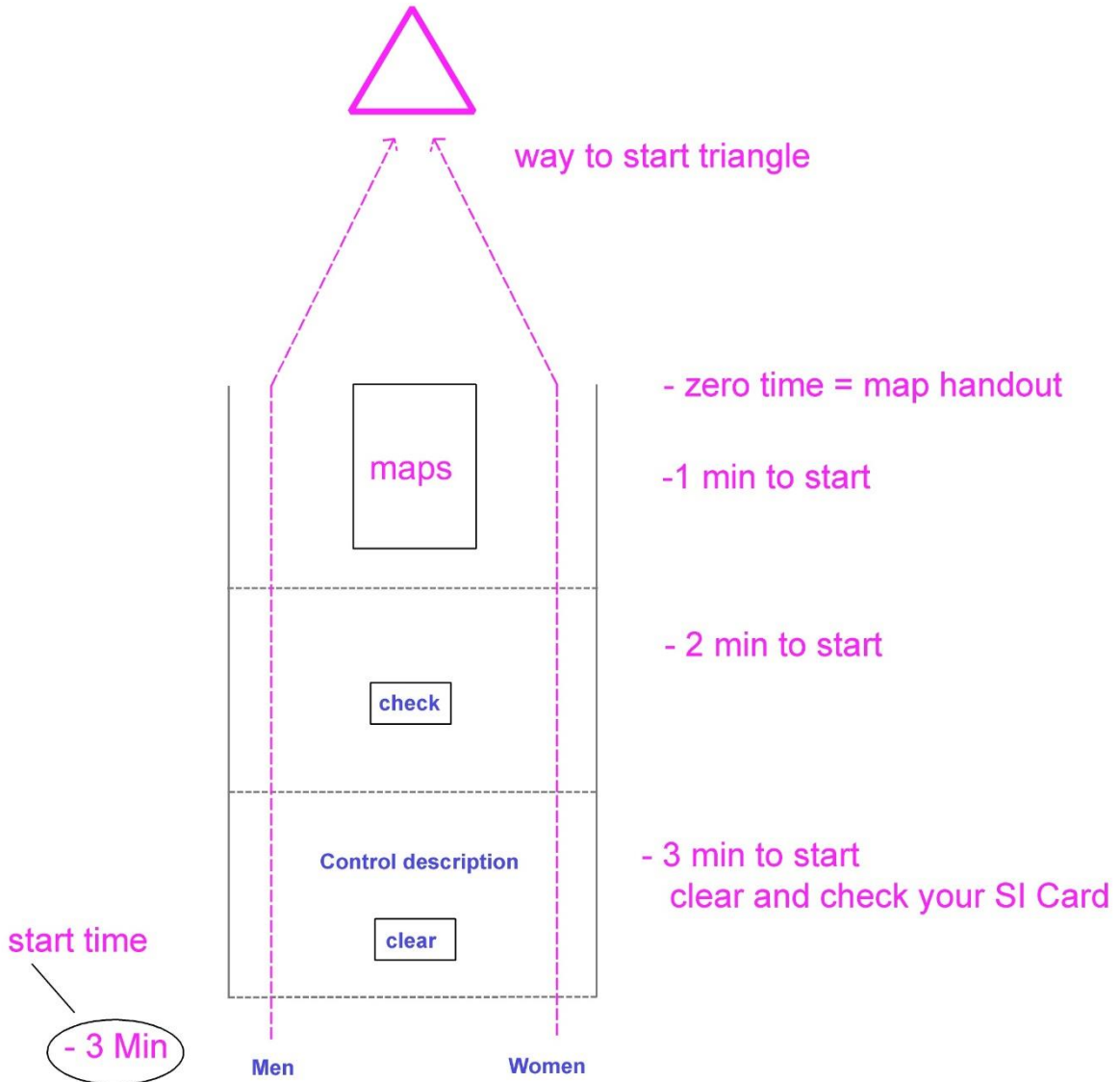
Parking

For stage 1, 2 and 3 you can use the parking area next the CC.

For stage 4 ist not so much space at the Competition Center, so please use the free parking area next to the road.

Start for individual:

Call up will be at -3, to check and clear your Si-Card. At -2 you can see the old version of the map. At -1 you stand in front of your map-box. At zero it will be the time start. It is the athletes' responsibility to pick up the correct map.



Orienteering with friends - enjoy the nature and have a nice time!

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