

# Runner's INFORMATION



**Competition Office:** from 24.06 - 27. 06. at the finish area of each stage.

**Check in:** Please show your certificate at the CC before you go to the start. It is not possible to make any changes or payments at the competition on site.  
Bank account: HSV OL VILLACH  
IBAN: AT46 4213 0901 0019 0777 SWIFT: VBOEATWWKLA  
Please transfer your entry fee until 17.06.2021.

**Free Start:** Beginners and runners in Open class will have a free start.

**Maps:** all maps in pretex quality waterproof, not tear proof.  
Please bring your own plastic cover.

**Refreshments:** no water supply stations in the forest. Please bring your own water bottle.

**Control Description:** available at the start in box 1 and also be printed on the map.

**Number bibs:** All runners have to wear the number bibs.

**Insurance and medical assistance:** Competitors are not insured by the organizer. Each competitor takes part on his/her own responsibility. Medical assistance will however be provided. An emergency medical car will be present at each stage at the Finish arena.

**Prize Giving:** no common prizегiving. Each winner have to take the „Lake Cup Trophy“ himself at the Finish area after the last race.

## Terrain and Race Information

### 1. Stage Training-Ledenitzen / Lake Cup 24. 06. 2021

CC: Forellenhof, St. Martiner Straße 16, A-9581 Ledenitzen

Coordinates: N 46.56747, E 13.97212 Start: 10.00 End: 16.00

Map „Petelin“ in scale: 1:10.000 for all classes

Terrain: typical continental European contours, some overgrown parts

### 2. Stage Individual-Schiefling / Lake Cup 25. 06. 2021

CC: Radweg 59, 9535 Schiefling, Sportcenter

Coordinates: N 46.594567, E 14.092753

First Start: 13.00 Way to start: 450 m / 15Hm / 20min

Map „Schiefling“ in scale: 1:10.000 for all classes

Terrain: continental European contours, many details, slopes

### 3. Stage **Töplitsch east** Individual Lake Cup 26. 06. 2021

CC: **Töplitsch Neubruchweg, 9722 Töplitsch, Tenniscenter**

Coordinates: **N 46.654183, E 13.749483**

First Start: 13.00 Way to start: 700 m / 10 Hm / 10min

Map „Töplitsch east“ in scale: 1:10.000 for all classes

Terrain: typical continental European contours, some details, slopes and valleys

### 4. Stage Stadelbach Individual Lake Cup 27. 06. 2021

CC: Sportcenter Saagtrattenweg 2 216, A-9722 Stadelbach

Coordinates: N 46.665121, E 13.728054

First Start: 10.00 Way to start: 500 m / 10 Hm / 10min

Map „Töplitsch“ in scale: 1:10.000 for all classes

Terrain: typical continental European contours, many details, hills, slopes and valleys

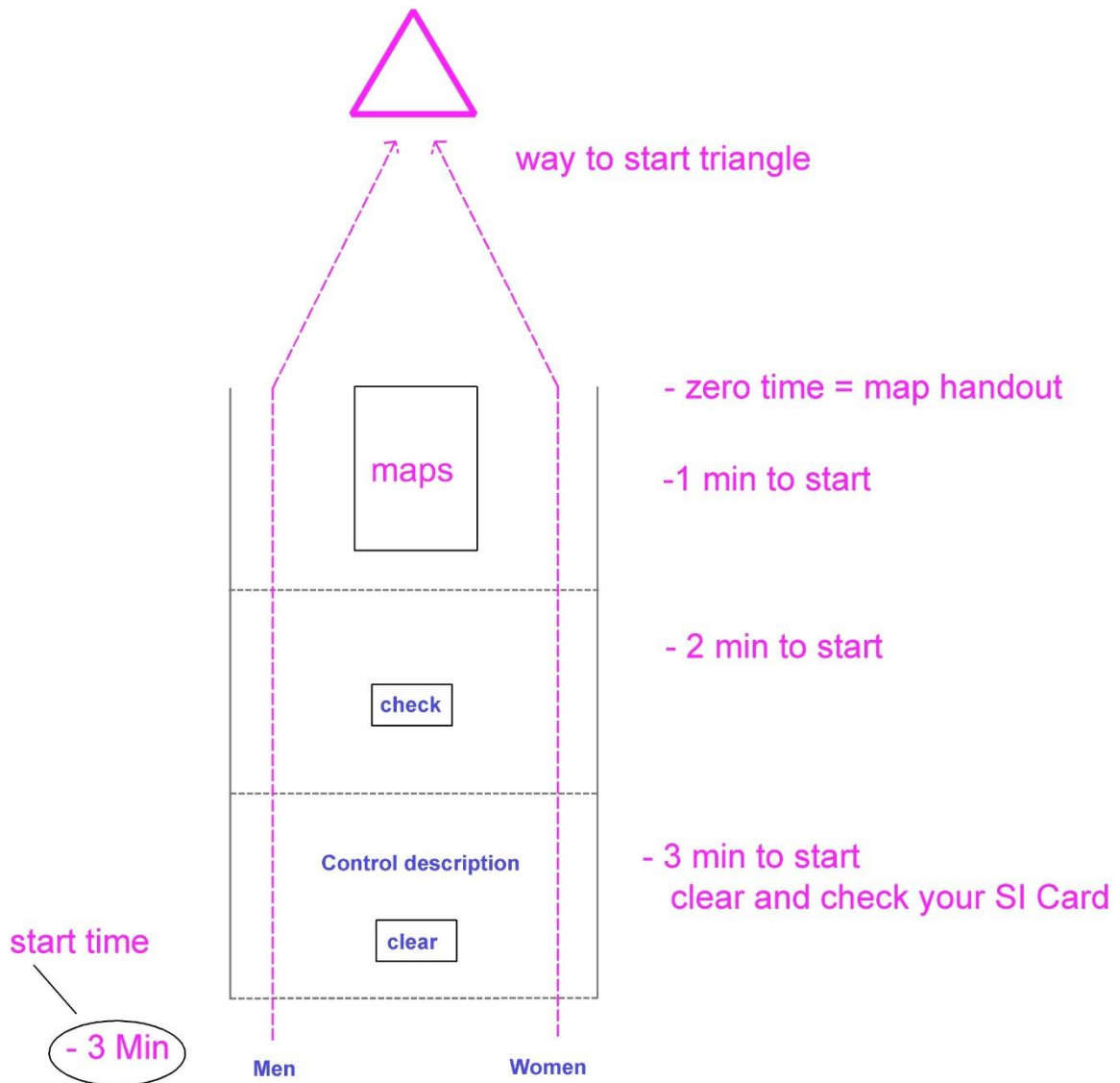
## Parking

For stage 1, 2 and 3 you can use the parking area next the CC.

**F**or stage 4 ist not so much space at the Competition Center, so please use the free parking area next to the road.

**Start for individual:**

Call up will be at -3, to check and clear your Si-Card. At -2 you can see the old version of the map. At -1 you stand in front of your map-box. At zero it will be the time start. It is the athletes' responsibility to pick up the correct map.



Orienteering with friends - enjoy the nature and have a nice time!

Bernhard Lieber Heeressportverein OL Villach Seebacher Allee 70-72 A-9524 Villach St. Magdalen <a href="mailto:bernhard.lieber@gmx.at">bernhard.lieber@gmx.at</a> <a href="http://orientierungslauf.hsv-villach.at/">http://orientierungslauf.hsv-villach.at/</a> Tel: (+43)660/769283	Christian Gotthardt Heeressportverein Spittal/Drau Villacher Straße 22-24 A-9800 Spittal/Drau <a href="mailto:christian.gotthardt@aon.at">christian.gotthardt@aon.at</a> <a href="http://ol.hsv-spittal">http://ol.hsv-spittal</a> Tel: (+43)664/4512609
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